**VALUES**

What are ten (10) things that are really important to you?

1.  
2.  
3.   
4.  
6.  
7.  
8.  
9.  
10.

What are the three most important things to you?

1.

2.

3.

Do you spend enough time on/with the things you most value? Why or why not? What are the values that you hold most near to your heart?